

2019-2020



G C P E A
INFORMATION BOOKLET

Glendale College Parent
Education Association

WELCOME TO THE GLENDALE COMMUNITY COLLEGE PARENT EDUCATION PROGRAM!

WHAT IS THE PARENT EDUCATION PRESCHOOL PROGRAM?

The Parent Education Program at Glendale Community College has been in operation for over 67 years offering classes for parents and their preschoolers. There are classes for parents and their newborns, older infants, toddlers, 2s, 3s, 4s, 5s, as well as multi-age classes where parents bring more than one preschooler. The program also offers Positive Parenting and Anger Management Classes. Evening as well as daytime classes are available. Each class is instructed by qualified Parent Education and Early Childhood teacher and an assistant teacher.

Parents attend a 2 or 3 hours class with their child and participate in a mutually beneficial program. Participants enjoy a safe, warm, and enriched learning environment. The curriculum for the children includes a variety of age appropriate activities, such as fine motor skills development (puzzles, Legos, scissors, crayons, paints, bead stringing, glue and paste, and many arts projects); large motor skills experiences include riding toys, climbing equipment, slides, block building, and ball play. Organized “rug time” led by the teacher includes songs, stories, science activities, finger plays, rhythms, rhymes, and felt board activities. Additionally, there is time devoted for children to practice socializing and to develop problem-solving skills with their peers.

The program for the parents includes an emphasis on participation and interaction with their children, opportunities to observe and record how their children socialize and develop in relation to others, develop a support network with the other parents, and instructional time in each class with the teacher. The curriculum for the adult instructional time, in a discussion-oriented format, includes all aspects of child development, examination of theories and philosophies of parenting, and practice of positive parenting skills. Parents will learn about typical age-related behavior traits, how to build self-esteem in their children as well as themselves, how to discipline and manage children’s behavior, how to develop better communication skills, what it takes to ensure successful toilet training, good nutrition, and how to relax and feel confident about parenting, as well as many other topics of interest. Guest speakers, videos, and field trips are utilized to enhance this program for parents and their preschoolers.

PARENT EDUCATION COURSE DESCRIPTIONS

PARED 010 Infants (0 – 8 Months)

This course focuses study on parenting children from birth through 8 months of age. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 011 Infants (7 – 12 Months)

This course focuses study on parenting children from 7 to 12 months of age. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 012 Toddlers (13 – 19 Months)

This course focuses study on parenting children from 13 to 19 months of age. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 013 Toddlers (20 – 26 Months)

This course focuses study on parenting children from 20 – 26 months of age. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 020 Two-Year-Old's

This course focuses study on parenting the two-year-old child. Parents (or caregivers) attend class with one or more child of the designated age.

PARED 021 Two or Three-Year Old's

This course focuses study on parenting children from age two through the pre-kindergarten years. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 031 Three or Four-Year-Old's

This course focuses study on parenting the three or four-year-old child. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 050 Multi-Age

This course focuses study on parenting children from birth through the pre-kindergarten years. Parents (or caregivers) attend class with one or more pre-school age child.

PARED 054 Working Parents

This course focuses study on the working parent's role in parenting children from birth through the pre-kindergarten years. Special attention is given to the challenges of raising a child while working full-time. Parents attend class with one or more children of the designated age.

PARED 060 Positive Parenting Skills

This course focuses on parents who seek instruction in positive, alternative parenting methods that will redirect inappropriate behavior of children and adolescents of all ages. If needed by the students enrolled, this class may also address single parenting issues. Court referred parents are welcome.

PARED 103 Anger Management

This course is for parents of children of all ages. School age issues will be covered based on the needs of the class.

ABOUT US

The Parent Education Program was started by Mrs. Toll 67 years ago through Glendale Community College with just two classes. By the 1953-1954 academic year, the number of classes grew to nine and it became evident that better communication between the classes was needed. A student Association was created, better known as Glendale College Parent Education Association.

The Parent Education program now offers over 20 classes at multiple locations throughout Glendale and the surrounding areas and serves over 500 families! Parents and children from birth to five (5) years old are provided the opportunity to socialize with other peers and gain familiarity with a classroom setting all while parenting skills are taught by professional parent educators. This all takes place in an environment geared for learning and development by both the parent and the child through observation, participation in classroom activities and class discussion. Topics of discussion vary depending on the age of the children and the everyday experiences of the parents.

All enrolled students in the Parent Education Program automatically become a part of the Glendale College Parent Education Association. The GCPEA is part of the Glendale College Foundation, Inc, a non-profit organization. In addition to facilitating communication between the classes through class representatives and class reporters, the Association arranges informative speakers and sponsors various activities throughout the year. All of the events and behind-the-scenes work is guided by a group of volunteers known as the GCPEA Executive Committee. In addition, the Parent Education Director serves as an advisor to the Executive Committee and is the official spokesperson for the Glendale College on all matters of program policy.

The mission of the Association is to raise money for needed program operation costs and to provide educational and social events outside the classroom.

Parent Education is a “tuition free” program, although it’s not free to run. Glendale College pays for the facility, teachers, assistants, and provides a small budget for office supplies, paint and construction paper. The Association greatly depends on the contributions of others (businesses and individuals) to maintain its success. The money raised by the Association provides for all other operational costs. Funds provide much-needed teaching tools, classroom enhancements and site upgrades including items you will use on a weekly basis. Association purchases include: children’s cups and napkins used during snack time, glue, crayons, children books, toys, trikes, musical equipment, tables, chairs, storage sheds and much more. In addition, the play structure and cover that is located at the Life Skills site was purchased and installed using Association funds. Fundraising for the year not only benefits current students but future students as well.

CURRENT PARENT EDUCATION LOCATIONS

Life Skills Bldg.

1500 N. Verdugo Rd.
Glendale, CA 91208

Columbus Elementary

425 W. Milford
Glendale, CA 91203

Palmer Park / John Muir Elementary

620 E Palmer Ave Glendale, 91205	912 S. Chevy Chase Glendale, CA 91205
-------------------------------------	--

Register online at www.glendale.edu
For more information, please contact the office at 818-243-5196.

MESSAGE FROM GCPEA'S PRESIDENT

Dear Glendale College Parent Education Association Families,

On behalf of the GCPEA board, I would like to welcome all families to 2019-2020 school year at Glendale Community College Parent Education Program. The board is so excited and has a lot of fun activities planned to build the community spirit and to give back to this wonderful program.

Great things have always been done by a team of selfless people to ensure this programs success over the course of its 67 years running. The 2019-2020 GCPEA board would first like to thank and show their immense appreciation to the board members from years past – these individuals were active and imperative in this program's success and longevity.

It is the goal of this year's board to do everything in our time and power to upgrade the outdoor play area, and improve the Life Skills Building classroom setting with a focus on all families with children birth to five years of age.

Along with the mentioned changes, the board will host events for our student body in the community. We welcome all GCPEA families to join our events, they will include: a family picnic in October 2019; the annual Montrose Christmas Parade on December 7th, 2019; a STEM with kids' afternoon in March 2020; and our Annual Fundraising event in Spring 2020. In order to stay up-to-date on the details of these events, please make sure you provide your preferred email address to your class teacher, that you visit our website www.gcpea.org regularly, and that you follow us on either or both Facebook and Instagram.

If you are interested in volunteering and taking a more active role in our program, please consider taking on a role as a Class Representative or a Class PEPOR Reporter. The PEPOR -Parent Education Preschool Observation Record - is our Parent Education Program Newsletter. As a PEPOR reporter, one would collect and forward articles written by students and teachers about their class to be published in the Newsletter. As a Class Representative, one would act as a liaison between the board and the class, disseminating important information to students and to the board. The Class Representative would attend three Association meetings -in October, March and June- to receive details regarding upcoming events and fundraising opportunities to share with the class, and to share any ideas or suggestions on the behalf of the class back to the board. Both of these positions are vital to running this program smoothly and require a very limited-time commitment.

If you have any suggestions, comments or thoughts, please feel free to approach me in person or contact me via email at president@gcpea.org. I am looking forward to an amazing journey at GCPEA this year.

Sincerely yours,
Melineh Zohrabian / GCPEA Board President

GCPEA 2019-2020 FACULTY



Barbara Flynn, Director - bflynn@glendale.edu

Barbara is happy to be a part of the Glendale Community College (GCC) Parent Education Program. She has been working with children and families for many years. In high school, she worked as a Red Cross swimming instructor and lifeguard, and opened her own swim school while in College. Barbara taught at a private school for six years; returned to graduate school and received her Master's Degree in Family Counseling; spent two extra years and 3,000 hours to earn her Marriage and Family Therapy (MFT) license; and had a private counseling practice. She keeps her psychotherapy license and training current, but due to her full dedication to this program she is currently not seeing clients in private practice.

Barbara has been teaching Parent Education classes for 19 years. The first 7 years were for a K-12 district's Adult School where she was given the opportunity to develop a new program where she taught classes and managed the program details. She worked part-time teaching and running the program, and full-time as a mom. When Barbara was offered a full-time position at GCC, she knew it was the move to make because of her passion for this work. Barbara believes parenting programs are unique as they give parents a wonderful opportunity to spend imperative time with their children while learning. She believes that Parent Education programs offer parents and caregivers the opportunity to learn about their children and about themselves as parents, looking at their own parenting strengths and weaknesses.

Barbara has two daughters who are now college age and are both thriving. She is proud they are both wonderful, kind people who have become gracious young women.

Barbara's hope, as a teacher and the Director of the Parent Education Program, is for parents to receive support, encouragement, and parenting information in a safe, nonthreatening and supportive environment. It is her hope that parents have an opportunity to play with, enjoy, and observe their child through understanding eyes. Barbara's goals are to inspire students to be wonderful parents, to support their parenting efforts, to empower them so they know they are wonderful, and to remind them as parents they will always be learning. She guides parents to develop their "Parenting Lighthouse"- a powerful parenting strategy, and encourages parents to "enjoy the ride" with their young children- "It goes by so quickly!"

GCPEA 2019-2020 FACULTY



Amity Grimes - agrimes@glendale.edu

Amity Grimes holds a BS in Nursing from Georgetown University and an MA in Human Development from Pacific Oaks College, specializing in Educational Leadership and Parent and Community Work.

Amity first came to the Parent Ed Program as a student in 1990-when her eldest daughter was only 10 weeks old. Amity began teaching in the program in 1994 and had the privilege of being the Program Director for seven years from 2000-07. In addition to teaching in the Parent Education Program, Amity has taught Nutrition and Psychology through GCC's Lifelong Learning Program.

When Amity is not at GCC, she works as a School Nurse Consultant for Mayfield Junior School in Pasadena, and as a Clinic Nurse for Bowtie Allergy Specialists in San Marino, and is a Community Emergency Response Team volunteer. This will be Amity's 25th year of teaching Parent Ed, and she looks forward to meeting the next generation of parents and children!



Caryn Panec - cpanec@glendale.edu

After attending the Parent Education program with her children, Caryn began teaching parent education classes for GCC in January of 2000. It has been a pleasure for her to work with so many wonderful families, and to bring her background in Education and MA in Family & Consumer Sciences into classroom discussions.

Her favorite aspect of the parent education program is how well everyone learns from one another and the supportive network that dynamic creates. In addition to parent education, Caryn is also an instructor at GCC's Student Success Center.

Caryn enjoys yoga, running, reading, cooking, hiking and camping with her husband and teenage boys.

GCPEA 2019-2020 FACULTY



Jane Stockly - jstockly@glendale.edu

Jane has almost 40 years of professional experience working with families and young children in varying capacities. She is originally from the UK where she trained as a NNEB Nursery Nurse. Jane worked as a nursery nurse on the maternity ward at St. Thomas' Hospital, in London. She also was a private nanny providing long-term, live-in supervision of infants, toddlers and young children, as well as some short-term emergency assistance.

After marrying an American and moving to the Glendale area; Jane worked as a preschool teacher, as an in-home childcare provider and as an after-school childcare provider. She went back to college and earned an AS in Social Science from Glendale College; a BA in Human Development from Pacific Oaks College; and a MS in Family and Consumers Science from Cal State University Northridge, where her focus was family studies and parent education.

Jane became interested in supporting parents as a young mom with two daughters while attending parent education classes at Glendale College. She was hired as a teacher's assistant in the Parent Education department before finishing her BA, and has been teaching classes since 2002. Jane also concurrently teaches Parent Education at Pasadena City College.

While working on her masters, Jane researched and wrote a brief and easy-to-read parenting book, "Better Baby Sleep: A Handbook for Parents." Since that time, she has written an even shorter version, "7 Steps to Better Baby Sleep."



Patti Sternau - psternau@glendale.edu

Patti Sternau is beginning her 22nd year as a GCC Parent Education Instructor. She attended the program as a mom from 1991-95 with her two sons and served three years on the GCPEA Board as PEPOR Editor and Vice President.

Patti is a former classroom teacher. She enjoys getting to know the many fabulous families that make-up this program. Patti is pleased to have the opportunity to learn from each family and is delighted to make great friends in the process!

This year Patti will teach the Thursday evening Working Parents Class.

GCPEA 2019-2020 FACULTY



Araseli Beltran-Perez - araselip@glendale.edu

Araseli is fluent in Spanish and believes introducing other languages to children adds to their learning. She has worked with children for over 30 years; 29 of those years with Glendale Community College (GCC) in the Child Development Center (CDC). Araseli received her AS degree in Child Development in 1992; a BA in Child Development from Cal State LA in 2005; and a Master's in Human Development from Pacific Oaks College in 2012.

Currently, Araseli is an adjunct faculty at Glendale Community College and has taught Child Development classes. Araseli joined the Glendale College Parent Education Program at the start of the 2018-19 academic year, teaching a multi-age workshop on Saturday mornings.

Araseli is trained and certified in the Program for Infant/Toddler Care (PITC) modules 1-4. She is proud to have been part of the committee which developed GCC CDC into a PITC demonstration site and to have served as a review coach for various demonstration sites in California.



Roza Baghdassarian - rbaghdassarian@glendale.edu

Roza has more than 18 years of professional experience working with families and young children. She holds a BA in Human Development with a specialization in Early Childhood Education, and a MA in Human Development specializing in Lactation Consulting both from Pacific Oaks College. She is deeply passionate about supporting families both as a parenting educator and as an International Board-Certified Lactation Consultant (IBCLC) and has opened a private practice.

Roza first started attending the Glendale Community College Parent Education program as a new mother in 2010 with her eldest daughter, and again in 2017 with her youngest daughter. Falling in love with the Parent Education program, she joined on as an adjunct faculty and began teaching classes in 2019.

Roza's message to parents has consistently been: "You are not alone in this parenting journey. We are here to support you, to learn and grow together as a group. Amazing lifelong friendships can begin in these classes!"

GCPEA 2019-2020 FACULTY



Sarah Atin - satin@glendale.edu

This Fall Sarah will be starting her ninth-year teaching Parent Education at Glendale Community College (GCC). With her Master's in Education, Sarah has worked for many years as a school counselor and parent educator in Washington State. In addition to GCC, Sarah currently teaches five-year-old students at a local preschool.

Pulling from her background in both psychology and education, she works with parents and children in a positive way and is passionate about preserving the childhood of these children. Sarah has taught several of the multi-age classes at GCC- her standard is to emphasize play as a fundamental ingredient to social development. One thing Sarah loves most about teaching is the children, "I find I am always learning from them!"

Sarah is a proud mother of her two teenage children: her son- seventeen and daughter- thirteen.



Valerie Fredrickson - vfredric@glendale.edu

Valerie has been part of the Glendale College Parent Education program for many years- first as a participant with her sons and now as a teacher. Valerie loves teaching and working with children; she credits the parent education program with *actually* changing the course of her life. She is a great supporter of parent education, believing that as parents, "they must never stop learning and striving to be better!"

Valerie has worked in various capacities with families with children of all ages in areas including social work and education. She earned a Master's degree from CSUN with a concentration in family studies and has continued her education in Child Development. Valerie also teaches as an adjunct faculty in the Los Angeles Community College District- teaching Marriage and Family Life.

"Rug time" for Valerie has tremendous rewards. She describes this time as her opportunity to get down on the floor with the children, helping them to establish a positive relationship with her as a teacher, which she hopes will set the tone for her students to have positive student-teacher interactions that carry on throughout their educational futures. Valerie loves the goal of parent education to improve and enhance family life and admires all parents who participate. She looks forward to meeting parents and children, and hopes she has the opportunity to share her parent education experiences for many years to come.

GCPEA 2019-2020 EXECUTIVE COMMITTEE



Melineh Zohrabian, President - president@gcpea.org

Melineh joined the GCPEA Board as an Event Planner Co-Chair in the 2018-19 academic year and is currently serving as President.

She joined the program when her daughter, Emily, was just 6-months-old and has been in the program for over four years. Melineh first volunteered as a class representative before joining the board as an Event Planner Co-Chair in

2018. Melineh has a MA in Teaching English as a foreign Language from Iran where she held her last position as university lecturer. She received her Human Resources Management certificate from UCLA and worked at CPE HR as a payroll specialist.

Melineh enjoys the academic environment and feels most confident and satisfied in educational arenas. She started her company “Teach Communication Through Science” at various public and private schools as well as at Pacific Library with partnership of city of Glendale.

Finding the Glendale Community College Parent Education program so powerful and helpful; Melineh has continued attending and participating in the program with her son, Arvin. She believes the best part of the program is how one grows with their child while having the benefits of professional teachers by their side.

Melineh lives in Glendale with her husband, Armen and their children- Emily and Arvin. They place great value on volunteering in the community.



April Oseguera, Vice President and Historian

vicepresident@gcpea.org - historian@gcpea.org

April joined the GCPEA Board as Historian in the 2018-19 academic year and is currently serving a dual-role as Vice President and Historian.

In looking for educational opportunities for her son in the Glendale community, she was happy to find the Glendale

Community College Parent Education Program. As a first-time mom her goal has been to immerse her child in an educational program that encourages social development through play. April's hope is by taking part in a parent education program- where parents and children learn and develop side-by-side, that her son will be an empathetic creative thinker who has a positive, explorative outlook on education lasting a lifetime.

April believes the GCC Parent Education Program has played an influential role in broadening his socialization opportunities and often reflects on how fortunate their family is to take part and volunteer in such an invaluable program.

Joining the Glendale College Parent Education Association (GCPEA) felt like the best way to keep her fingers on the pulse of a program their family is benefiting from, and to help shape its future for the many families yet to come.

GCPEA 2019–2020 EXECUTIVE COMMITTEE



Michelle Fenske, Treasurer - treasurer@gcpea.org

Michelle joined the GCPEA Board as Secretary in the 2018-19 academic year and is now serving as Treasurer.

She first heard about the Parent Education program from a friend shortly after moving to California in 2017. She has been impressed with the high-quality and tuition-free classes this program offers each term. Michelle states both she and her children have learned a lot from this program!

Michelle is an Oregon native who has also lived in Washington State, Washington DC, and Tennessee. She holds a BA from Seattle Pacific University in Communication and a MA from American University in International Communication. Before having children, Michelle was a program manager working in international youth exchange.

She and her husband live in Pasadena with their identical twin boys.



Sarah Kang, Event Co-Chair - events@gcpea.org

Sarah joined the GCPEA Board as Events Co-Chair in the 2018-19 academic year and currently holds the position.

Sarah joined the Glendale College Parent Education program in January of 2017. She is so grateful for and continually amazed by this resource in the community to help her learn about parenting, child development, and the family dynamic from knowledgeable educators. She is also thankful for the new friends they have met in the community, and enjoys planning events where people can get to know each other better, learn, and have fun as a family.

Sarah enjoys being a stay at home mom, Licensed therapist, and online math instructor for children. She currently resides in Glendale with her family.

GCPEA 2019–2020 EXECUTIVE COMMITTEE



Melody Khachikian, Events Co-Chair - events@gcpea.org

Melody has joined the GCPEA Board as Events Co-Chair in the 2019-20 academic year.

She heard about the Glendale College Parent Education Program through a friend and joined in the Fall of 2018 with her then 3-year-old son, Liam.

From the start, Melody felt welcomed into a community of parents sharing many of the same questions she had while raising their children. The excellent knowledge of the teachers along with the friendly community of parents, made her feel supported and reassured that she had found an incredible educational resource for both herself and her son.

After volunteering as a Class Representative for three separate classes during the 2018-19 academic year; Melody eagerly joined the GCPEA as Events Co-Chair to give back to a program she loves and enjoys.

Melody's employment history has been in the banking business for nearly 30 years. She currently is a full-time Mom to Liam- aka "the Joy of her life." She loves to cook and entertain friends and family. She has been married for 11 years, has 2 dogs and enjoys finding fun things for her son to do around the city.

Melody is a proud Glendale Community College alumnus. What a great surprise it was for her to return to GCC- this time for Parent Education classes.



Edgar A. Dominguez, Fundraising - fundraising@gcpea.org

Edgar has joined the GCPEA Board as Head of Fundraising in the 2019-20 academic year. He served as both Events and Fundraising Co-Chair on the 2016-17 and 2017-18 GCPEA boards.

Edgar and his family joined the Glendale College Parent Education Program in Mid-Spring of 2016. After enrolling with his then one-year-old daughter, Edgar was very impressed with the program, its teachers, their curriculum and the growth experienced by his family as a whole. Edgar wanting to give back and become more involved, joined the GCPEA board. As Events Co-Chair, Edgar enjoyed coordinating the 2016 and 2017 Fall Festivals as well as fundraising for both the 2016 and 2017 annual luncheons. Edgar quickly realized the importance these luncheons played in raising money necessary to fund the annual operating costs of this Parent Education program. Edgar resides in Glendale, with his wife and 2 children – a daughter who will soon be 5-years-old and a one-year-old son.

GCPEA 2019-2020 EXECUTIVE COMMITTEE



Lineli Hairapetian, Purchaser - purchasing@gcpea.org

Lineli has joined the GCPEA Board as Purchaser in the 2019-20 academic year.

She joined the Parent Education program in 2017 as first-time mom and loved the program from day one. Lineli states, “the program is an amazing learning, playing and socializing opportunity for both kids and parents alike.” She absolutely enjoys and benefits from the informative and helpful discussions with experienced teachers and parents. After learning more about the program and personally experiencing its impact, Lineli decided to join the GCPEA board. She values and appreciate all the work and effort that goes into this program and plans to attend class currently with her son and in the future with her daughter. Lineli would like to volunteer as much as her schedule allows, and to help other families benefit from this great opportunity.

Lineli attended Glendale Community College between 2010-13, and during that time tutored in math at Math Discovery Center. She transferred to Cal State LA and earned a BS in Computer Science in 2016. For the past five years, Lineli has worked as a contractor with the Jet Propulsion Laboratory as web-based application developer.



Arsineh Vartanian, IT Manager - it@gcpea.org

Arsineh joined the GCPEA Board as IT Manager in the 2018-19 academic year and currently holds the position. She has a bachelor’s degree in Computer Science and has been a software developer for the past 10 years.

Arsineh moved to United States in 2010 with her husband Edgar after living on the East Coast for nearly 5 years. Together they moved to California to be closer to friends and family and settled in Burbank where they welcomed their now two-year-old daughter, Emily. Arsineh joined the Glendale College Parent Education Program during the Summer of 2018 as a first-time mom with her then 14-month-old daughter, Emily.

She recognized the challenges of being a first-time mom and decided to join Glendale College Parent Education program on the recommendation of her cousin and friend. Since joining, Arsineh and Emily are regulars in the classroom and are both benefiting from the great instructors and other parents sharing about the challenges of parenthood. Arsineh has enjoyed the tuition-free program very much and has chosen to give back by joining the GCPEA board as an IT manager.

GCPEA 2019–2020 EXECUTIVE COMMITTEE



Arineh Ebrahimi, PEPOR Editor - newsletter@gcpea.org

Arineh joined the GCPEA Board as PEPOR Editor in the 2018-19 academic year and currently holds the position.

She joined the Glendale College Parent Education Program in 2017 as a first-time mom with her then one-month-old daughter. Prior to having their daughter, Arineh and her husband Arabo, did extensive research on various mental health resource websites about healthy parenting practices. It was in this

research effort that they found the GCPEA program.

Arineh believes in today's world, parenting is more than pulling from one's parents life experiences. She believes to raise a healthy and happy child; one must *also* learn from peers and teachers specialized in early childhood development and it is here at Glendale College Parent Education program that she has found that community. Arineh hopes by taking part in this community dynamic, her child will be a physically, mentally, and socially strong member of our community as well as those communities in her future endeavors. She is grateful for the GCPEA program and has seen the benefits this program has had on her daughter's behavior, socialization capabilities and over-all academic skill. Arineh never misses the opportunity to encourage all parents with children 0 to five years to attend this Parent Ed program. Joining the GCPEA board as the PEPOR editor felt like the next step in promoting this program and its far-reaching benefits to the community.

Arineh holds a BA in Business Administration. She worked for 10 years as the executive assistant to the owner of one of Iran's largest companies, Hacoupian Clothing Industries. While working, she volunteered as a teacher in a child development program offered through the Church of Iran studying Human Behavior with a focus on Mental Health.

Arineh was also a dedicated singer in their church choir group. Given her history with mental health, Arineh began working for the Department of Mental Health of LA County when she moved to the Glendale area.

Professional photography has always been a passion for Arineh- a passion that started when she was a teenager. Amongst her editorial duties on the GCPEA board, she has volunteered to photograph the GCPEA events.



Matilda Sinani, Communications - welcome@gcpea.org

Matilda joined the GCPEA Board in charge of Communications in the 2018-19 academic year and currently holds the position. She lives in Glendale with her husband Narbik and their daughter. They joined this program to spend quality time with their daughter as well as to give her daughter the opportunity to interact with her peers. It was then that Matilda was introduced to the powerful teachings this program has to offer parents, children and the family as a whole.

As a first-time mom living in a new Country, Matilda felt the need to find support in raising a healthy, happy, and strong child in a community that she was still learning so much about. Matilda loved the concept and its environment of educating both parent and child together in one setting.

She has peace of mind knowing her daughter and her peers within this program- whom she believes will grow to be schoolmates, coworkers, or neighbors- are learning the same qualities. She believes from this dynamic there is a higher chance that her daughter and her peers will become developmentally, socially, and academically healthier adults. Matilda felt the need to get involved and joined the GCPEA board helping to usher this movement.

Matilda is a fulltime mom/wife, former Import/export specialist at Caterpillar Inc., former assistant to loan officer & CEO, former Autocade designer, and former life guard.

FAMILY INVOLVEMENT

Our program values your involvement. Teachers and the Board members are very open to including students and making them feel part of the school community. This makes our school and program feel united as one big family.

As you join the program please feel free to become familiar with the educators and the program. We appreciate any relevant information you wish to share about yours and your child's experience. There many ways for you to be actively involved in the program. Support and effort from all families is valued and essential in the running of the Glendale Community College parent education program.

Here are a few ways that you may get involved:

A Class Representative is responsible for attending all Association meetings, acquiring information and materials, and dispersing all information back to the students in their classes via classroom announcements, email or other form.

A Class Reporter is responsible for submitting observations and/or articles for our PEPOR. Reporters submit items and work directly with the PEPOR Editor. They will be provided with a predetermined schedule to follow. (Parent Education Preschool Observation Record also known as PEPOR for short, is the Program newsletter. It is a collection of articles from each class along with photos, and details about upcoming events.

Volunteers You can always volunteer at our events or just simply donate money to the program.

GCPEA ACADEMIC CALENDAR FOR 2019 – 2020

Summer 2019

July 10, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
August 7, 2019	W	Board Meeting @ 4pm Life Skills Bldg.

Fall 2019

September 2, 2019	M	Holiday: Labor Day - Campus Closed
September 3, 2019	T	First Day of Fall Session
September 4, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
September 11, 2019	W	Event: Meet & Greet - Oak & Vine @ 5:30-7 pm
October 2, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
October 2, 2019	W	Association Meeting @ 5:30pm Life Skills Bldg.
October 5, 2019	Sat	Event: Family Picnic - 10am Location Pending
November 6, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
November 11, 2019	M	Holiday: Veteran's Day - Campus Closed
November 28-30, 2019	Th- Sat	Holiday: Thanksgiving Break - Campus Closed
December 4, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
December 7, 2019	Sat	Event: Montrose Christmas Parade - Meet-up @5pm
December 18, 2019	W	Last Day of Fall Session
Dec. 24- Jan. 1, 2020		Holiday: Christmas Break - Campus Closed

Winter 2020

January 6, 2019	M	Winter Session Starts
January 8, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
January 20, 2019	M	Holiday: MLK Jr. Day - Campus Closed
February 5, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
February 13, 2019	Th	Last Day of Winter Session
February 14, 2019	F	Holiday: Lincoln's Bday - Campus Closed
February 17, 2019	M	Holiday: Washington's Bday - Campus Closed

Spring 2020

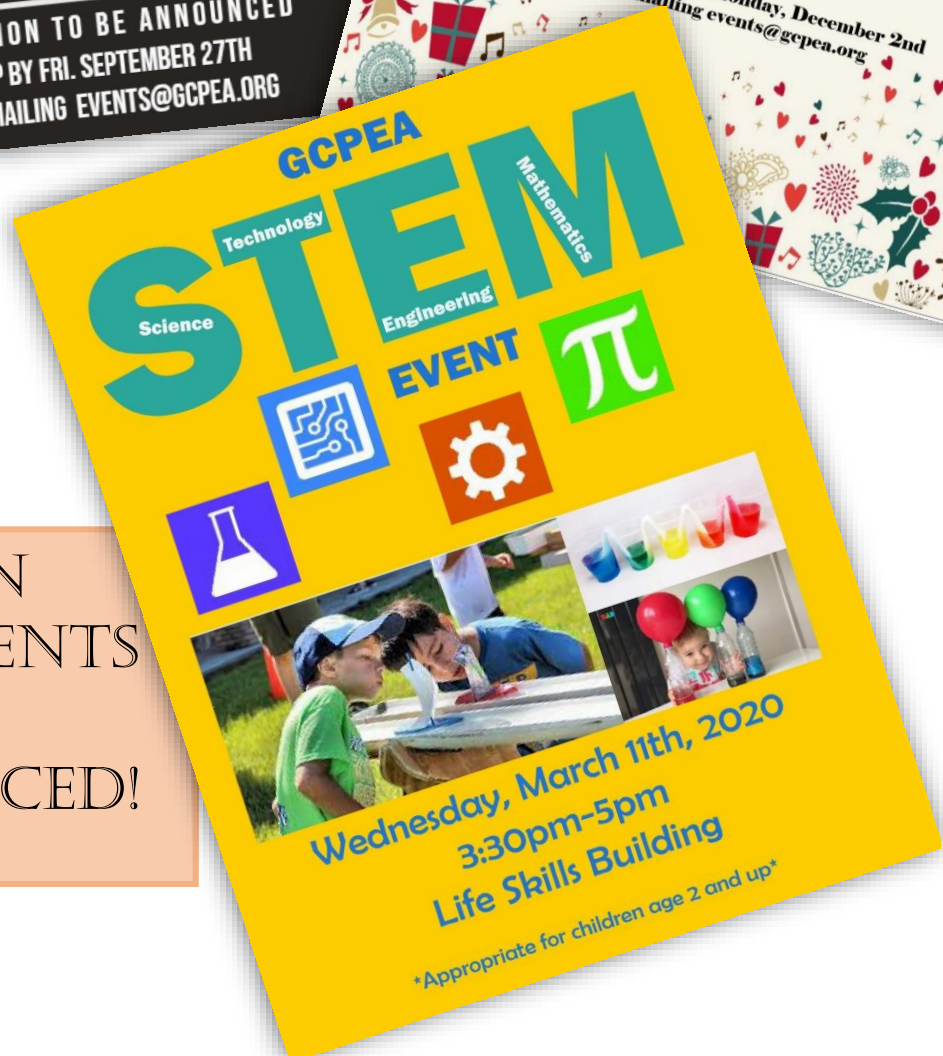
February 18, 2019	T	Spring Session Begins
March 4, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
March 4, 2019	W	Association Meeting @ 5:30pm Life Skills Bldg.
March 11, 2019	W	Event: STEM @3:30pm Life Skills Bldg.
March 31, 2019	T	Holiday: Cesar Chavez Day - Campus Closed
April 1, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
April 13-18, 2020	M-Sat	Spring Break - Campus Closed
April - May 2020		Event: GCPEA Spring Fundraiser
May 6, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
May 25, 2019	M	Holiday: Memorial Day - Campus Closed
June 3, 2019	W	Board Meeting @ 4pm Life Skills Bldg.
June 3, 2019	W	Association Meeting @ 5:30pm Life Skills Bldg.
June 3, 2019	W	GCPEA Board Elections @ 6:30pm Life Skills Bldg.
June 19, 2019	F	Last Day of Spring Session

A collage of 18 photographs capturing various moments from a golf fundraiser event. The images show guests seated at tables, prize displays featuring golf carts and baskets, group photos of women, and individuals interacting at the event. The setting is a large, well-lit indoor space with large windows overlooking a golf course.

GCPEA'S LUNCHEON 2018-2019



GCPEA'S UPCOMING EVENTS



AND EVEN
MORE EVENTS
TO BE
ANNOUNCED!



PLEASE FOLLOW US ON
(GCPEA)



VISIT OUR WEBSITE AT
WWW.GCPEA.ORG

OUR CONTACT NUMBER
(818) 243-5196